

EMDR Humanitarian Assistance Programs (HAP) presents

**Recent Traumatic Episode Protocol (R-TEP):
A Comprehensive Approach for Early EMDR Intervention (EEI)**

Led by **Maria Masciandaro, Psy.D.** and **Betsy Prince MSW, LCSW**

Training Center of Preferred Behavioral Health
725 Airport Road in Lakewood, NJ 08701

Friday February 22 from 8:45 am to 3 pm (working lunch)

Price: \$150, and six CEUs are available for purchase for \$10 after the event

HAP is a 501(c)(3) nonprofit organization committed to relieving human suffering and breaking the cycle of violence by providing low-cost training to mental health professionals serving traumatized communities worldwide.

HAP's organizational objectives are to:

- give local mental health professionals the tools to meet the long-term emotional needs of traumatic stress survivors in their own communities by training them in EMDR methodology, and
- promote further research in using EMDR for humanitarian purposes.

Recent Traumatic Episode Protocol (R-TEP)

EMDR has demonstrated effectiveness in treating chronic PTSD and old trauma memories, yet Early EMDR Intervention (EEI) has received less attention from EMDR researchers or clinicians. EEI may be used to treat acute distress (before trauma memories have been integrated) and provide brief intervention, possibly on successive days, that may prevent complications and strengthen resilience.

The Recent Traumatic Episode Protocol (R-TEP) is part of a comprehensive approach to EEI. This workshop incorporates and extends existing protocols within a new conceptual framework, together with additional measures for containment and safety. Checking for sub-clinical sticking points which can obstruct Adaptive Information Processing (AIP) and don't necessarily show up on the DSM radar, the R-TEP may reduce sensitization and accumulation of trauma memories.

Who May Attend?

EMDR Humanitarian Assistance Programs (HAP) is sponsoring this workshop to serve EMDR Therapists who are participating in HAP Trauma Recovery Networks, EMDRIA regional councils, and all EMDR clinicians who have completed Part I and Part II of EMDRIA Approved EMDR Basic Training. This event is open to new trainees as well as therapists previously trained in R-TEP.

Learning Objectives of R-TEP Workshop:

- Recognize the key features, and concepts of R-TEP.
- Identify when Early EMDR Intervention is appropriate.
- Apply Early EMDR clinical skills with additional measures for containment and safety.

HAP is pleased to present **Maria Masciandaro, Psy.D.**, and **Betsy Prince MSW, LCSW**. Maria is a licensed psychologist in private practice for over thirty years. She has been utilizing the EMDR approach for over 15 years as the demand for the evidenced based trauma treatment grew. She has been a consultant for agencies dealing with traumatized individuals such as the Battered Woman's Shelter and provides treatment for individuals suffering from acute or chronic trauma exposure, such as New Jersey Transit personnel. Maria is an EMDRIA Approved consultant and an EMDR Institute and HAP facilitator. She has spoken to professional audiences on the effects of trauma and developed a 6 hour workshop "Understanding and Treating Traumatized Individuals" that has been presented at several community mental health agencies. In addition to her work with EMDR, she is on the Executive Committee of the American Society of Clinical Hypnosis, is an ASCH Consultant, and is a Field Supervisor for the Graduate School of Applied and Professional Psychology at Rutgers.

Betsy is a licensed clinical social worker and has been in practice for 15 years. She was trained in EMDR 14 years ago and specializes in complex trauma. She is a Regional Coordinator, a Certified Consultant, and an Institute and HAP facilitator. She is also in the process of becoming a HAP trainer by taking part in the trainer training program with Francine Shapiro.

Maria and Betsy have been trained in R-TEP by Elan Shapiro and Brurit Laub and are recognized by them as R-TEP Trainers. Maria and Betsy have presented R-TEP twice in NJ as part of Regional Meetings and HAP has sent them to train local therapists to utilize R-TEP in Alabama after the tornado, to Arizona, and to Connecticut. Maria is hoping to encourage participation among the participants in a fidelity study for R-TEP.

Register online at EMDR Humanitarian Assistance Program's Website: <http://www.emdrhap.org/training/toregister/listEvents.php>