

Connecticut Department of
Mental Health and Addiction Services



Prevention Training Course Catalog

January 2014 - June 2014

Patricia Rehmer, MSN

Commissioner

Department of Mental Health and Addiction Services

Carol P. Meredith, MPA

Prevention and Health Promotion Division Director
Department of Mental Health and Addiction Services

Available Online at www.ctclearinghouse.org

Connecticut Department of Mental Health and Addiction Services

Prevention Training Collaborative

Prevention Training Course Offerings

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Dear Colleagues,

I am pleased to present the DMHAS Prevention and Health Promotion Winter/Spring 2014 training catalog. As we continue to integrate mental health and substance abuse, we must assess the gaps between existing and needed knowledge, skills and abilities, what the recruitment and retention issues are and how we maximize current behavioral health training resources. To that end, a Training and Technical Assistance Workgroup was established that engaged in a multiagency process to develop a state workforce development plan. The plan, which will be available in 2014, examines gaps, current resources and opportunities, and develops a vision for improving and maintaining a competent, well-prepared behavioral health prevention workforce.

The course offerings in this catalog are reflective of our new direction and based on current trends, new practices, participant evaluations, attendance, and suggestions for workforce development. These selections include Prevention Groupwork with Adolescent Girls, Youth Mental Health First Aid, Working With Fathers: Practical and Relational Issue in Support of Families, and African Origin Culture, to name a few. The Catalog is available on the DMHAS website at www.ct.gov/dmhas and we welcome you to share it with others. On behalf of the DMHAS Prevention and Health Promotion unit, I hope you will take advantage of these opportunities to enrich your skills and network with other professionals.

Sincerely,

Carol P. Meredith, MPA

Director, Prevention and Health Promotion Services

Connecticut Department of Mental Health and Addiction Services

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The DMHAS prevention system is designed to promote the overall health and wellness of individuals and communities by preventing or delaying substance use. Prevention services are comprised of six key strategies including information dissemination, education, alternative activities, strengthening communities, promoting positive values, and problem identification and referral to services.

REGISTRATION INFORMATION AND CONTACTS

Child and Family Agency of Southeastern Connecticut

Registration: Register on website only: www.cfapress.org
Registration forms should be submitted at least 10 days prior to the event date.
Address: 255 Hempstead Street, New London, CT 06320
Contact: Lori Stanis Telephone: 860.443.2896 ext. 1400
Email: StanisL@childandfamilyagency.org Fax: 860.442.5909
Website: www.cfapress.org

Connecticut Clearinghouse

Registration: Online registration: www.ctclearinghouse.org/registration
Address: Connecticut Clearinghouse
334 Farmington Avenue, Plainville, CT 06062
Contact: Jen Fritzen Telephone: 800.232.4424 or 860.793.9791
Email: jfritzen@wheelerclinic.org Fax: 860.793.9813
Website: www.ctclearinghouse.org

The Consultation Center

Registration: Register online at: www.theconsultationcenter.org
Address: The Consultation Center
389 Whitney Avenue, New Haven, CT 06511
Contact: Valencia Goodridge Telephone: 203.789.7645 ext. 139
Email: vgoodridge@theconsultationcenter.org Fax: 203.562.6355
Website: www.theconsultationcenter.org

The Governor's Prevention Partnership

Registration: Online registration preferred: www.preventionworksct.org/calendar.html
Address: The Governor's Prevention Partnership
30 Jordan Lane, Wethersfield, CT 06109
Contact: Shannon Strickland Telephone: 860.523.8042 ext. 25
Email: shannon.strickland@preventionworksct.org Fax: 860.236.9412
Website: www.preventionworksct.org

Multicultural Leadership Institute, Inc.

Registration: Online registration: www.mli-inc.org
Address: Multicultural Leadership Institute, Inc.
127 Washington Avenue, East Building, 2nd Floor, North Haven, CT 06473
Contact: Iris Diaz Telephone: 203.691.1486 ext. 201
Email: idiaz@mli-inc.org Fax: 203.691.5674
Website: www.mli-inc.org

Connecticut Department of Mental Health and Addiction Services
Prevention Training Collaborative
COURSE REGISTRATION FORM

First Name:	Last Name:
Agency Name:	
Agency Address:	
City/Town:	Zip Code:
Work Telephone: ()	E-mail:
Course Name:	
Course Code:	Date(s):
Training Agency:	Training Location:

Directions for Completing the Registration Form

- See page 2 for training agency registration information and contacts.
- Register at least one week prior to the training date.
- Contact the training agency to request driving directions to the training site.
- Notify the training agency as soon as possible if you are unable to attend the training.

Class Cancellation Notice - In the event of inclement weather:

All classes are cancelled if State of Connecticut offices are closed or have delayed openings. Contact the agency that you registered with to determine if classes are cancelled or delayed when State of Connecticut offices remain open. All registered students will be contacted by the training agency with the rescheduled date of the cancelled class.

Child and Family Agency of Southeastern Connecticut - 860.443.2896 x1400

Connecticut Clearinghouse - 800.232.4424

The Consultation Center - 203.789.7645 ext. 139

The Governor's Prevention Partnership - 860.523.8042

Multicultural Leadership Institute - 203.793.1952

Continuing Education Credits

All classes have been approved for Continuing Education Units by the Connecticut Certification Board, Inc.

Focus Areas

- ADL Developmentally-Appropriate Prevention Programming - Adult Specific
- ATD Alcohol, Tobacco, Other Drug Specific
- CUL Culturally Appropriate Services for Special Populations
- ALS Developmentally Appropriate Prevention Programming - Across the Life Span
- CTA Developmentally Appropriate Prevention Programming - Childhood through Adolescence
- OAD Developmentally Appropriate Prevention Programming - Older Adults
- ETH Ethics
- EVL Evaluation
- MHS Mental Health
- PBC Prevention Basics - Community
- PBG Prevention Basics - General
- PBW Prevention Basics - Workplace
- VPS Violence Prevention
- YDL Youth Development and Youth Leadership

Prevention Training Skill Levels

- Level 1** Basic education/skills for new prevention professionals. The focus is on the acquisition of new skills.
- Level 2** Skills enhancement for prevention professionals with some experience. The focus is on applying essential skills.
- Level 3** New knowledge and strategies for seasoned professionals. The focus is on building programs, program maintenance and integration.
- General** Training for prevention professionals and volunteers on "best practice" prevention uses.
- Other** Additional training or technical assistance needed for specific participant groups.

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Training of Trainers, The Essentials of Mentor Training

Training Agency: The Governor's Prevention Partnership

Date: January 9, 2013

Time: 9:00am-3:30pm

Course Description:

Mentor training is a vital component of any successful mentoring program. New mentors are more likely to succeed if they participate in an effective training session to prepare them for their role. Mentors need to understand the scope of their responsibilities, develop skills to be an effective mentor, understand positive youth development and understand the policies and procedures of the program. This training will equip the program staff member with the resources needed to conduct mentor trainings.

Participants will:

- Identify content and skills mentors need to build effective mentoring relationships;
- Apply the principles of adult learning in training session; and
- Review how to sequence the components of mentor training.

Instructor(s): Susanne Santangelo, Cacina Reynolds-Mgbejume, Maytte Restrepo

Location of Training: William Caspar Graustein Memorial Fund, 2319 Whitney Ave., Hamden, CT 06518

Focus Area: PBG **Skill Level:** Level 1

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 6.5

Beyond Underage Drinking Prevention: Using SPF to Address Bullying in Schools and Communities

Training Agency: The Governor's Prevention Partnership

Date: January 14, 2014

Time: 8:30am-12:30pm

Course Description:

You already use SAMHSA's Strategic Prevention Framework to prevent underage drinking in your community. Did you know that school- and community-level bullying prevention and positive school climate promotion use a similar framework? Using The National School Climate

Center's five-step School Climate Improvement Process, learn ways to incorporate community prevention strategies with your schools' youth wellness promotion and developmental asset-building. Learn how to prepare, evaluate, plan, implement and reevaluate school-based programs and practices while understanding Connecticut's anti-bullying legislation. Apply your knowledge of SPF to implement more comprehensive strategies for youth safety and success!

Participants will:

- Understand the requirements and timeline of Connecticut's anti-bullying law, as well as evidence-based practices for bullying prevention and safe school climate improvement
- Describe the importance of climate in schools and communities.
- Apply the School Climate Improvement Process to create school buy-in and implement data-driven strategies.

Trainers: Rachel Bruno

Location: The Governor's Prevention Partnership Training Facility, Wethersfield, CT

Focus Area: PBG **Skill Level:** Level 1

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 4

PACT360 Prescription Drug Abuse Prevention (Webinar)

Training Agency: The Governor's Prevention Partnership

Date: January 14, 2014

Time: 12:00pm-1:00pm

Course Description:

This FREE dynamic, community education program is designed to introduce parents and other caring adults of children to helpful tools and resources for prescription medicine abuse prevention and early intervention. Participants will learn the keys to communicating the facts and risks of prescription medicine abuse in addition to gaining tips on safeguarding medicine.

Two-thirds (65 percent) of teens who report abuse of prescription medicine are getting them from friends, family and acquaintances. Research conducted by The Partnership at Drugfree.org shows that parents are not communicating the

risks of prescription medicine abuse to their children as often as they talk about street drugs.

Parents will:

-Discuss the keys to communicating the facts and risks of prescription medicine abuse in addition to tips on safeguarding medicine.

Trainers: Ryan Morgan

Location Of Training: Webinar

Focus Area: PBG **Skill Level:** Level 1

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 1

“White Culture”: Exploring the Complexities and Challenges of Working with Persons of European Descended Cultures in the United States

Training Agency: MLI, Inc.

Date(s): January 15, 2014 (Snow date for inclement weather if cancelled: February 19)

Time: 9:00am-4:00pm

Course Description:

“White Culture” presents European-American Cultures in historical and contemporary contexts. In order to truly engage individuals descended from and immersed in those cultures in effective Holistic Prevention and Treatment, the Course recognizes the wide variety of Cultures and Subcultures associated with European Descended Cultures and that “White Culture” exists as a mix of those Cultures and Subcultures. The Course looks at Immigration/Migration/Captivity and their affects. National Histories of Wars and Oppression are examined. The Course presents Family Generations and Heritage, Communication Styles, Spirituality/Religion, Health Traditions, Behavioral Issues and Child Rearing Patterns in order to understand their effects on individuals and the implications for Prevention and Treatment. The Course stresses that Human Service Professionals who are European-American need to be aware of their own cultural heritage and understand the meaning of their own personal and group worldview, and that all Human Service Professionals need to know how European-American individuals are influenced by their past history, which affects their outlook, attitude and communication styles for generations.

Three Measurable Learning Objectives:

1. The attendee will be able to recognize the defining characteristics of European-American Cultures.
2. The attendee will become aware of the historic and contemporary influences on the development of European-American Culture.
3. The attendee will recognize the sources of challenges to Holistic Prevention and Recovery for persons of European Worldview descent.

Instructor: Marc E. Chartier

Location of Training: MLI, Inc. 127 Washington Ave, East Building, North Haven, CT 06473

Focus Area: Cul **Skill Level:** Level 2

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 6

Youth Mental Health First Aid

Training Agency: Connecticut Clearinghouse

Date(s): January 27 & 28, 2014

Time: 9:00am-2:30pm

Course Description:

Youth Mental Health First Aid is a NEW 8-hour certification course, designed for adults who regularly interact with adolescents, that focuses on helping youth ages 12-18 who may be experiencing a mental health challenge or are in a crisis. Those who take the course to certify as Youth Mental Health First Aiders learn a 5-step action plan encompassing the skills, resources and knowledge to help a youth in crisis connect with appropriate professional, peer, social, and self-help care.

Instructor(s): Judith Stonger, Sapphire Cauley

Location of Training: Connecticut Clearinghouse

Focus Area: MHS **Skill Level:** General

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 8

A Parent’s Guide to Preventing Underage Drinking (Webinar)

Training Agency: The Governor’s Prevention Partnership

Date: January 29, 2014
Time: 12:00pm-1:00pm

Course Description:

Underage drinking is continuing to be a barrier in the lives of youth. As adults, we have a responsibility to provide youth with the information to help them make responsible decisions. *A Parent's Guide to Preventing Underage Drinking* is a comprehensive tool to help adults start conversations with youth about the dangers of illegal alcohol use. This webinar will walk participants through the guide and give examples of how to talk to youth about alcohol use starting in elementary school up to college. Adults will gain greater insight to new research and myths in alcohol use among teens. Discussion will include state data as well as national data to emphasize the importance of parents and caring adults in the lives of youth. Information will be provided on how to get involved with prevention efforts in your community and how to seek help if there is a concern about underage drinking. Participants will also receive valuable information on new alcohol products and marketing strategies to help start conversations.

Participants will:

- Discuss the importance of talking to youth at any age about alcohol use.
- Explain youth alcohol use in Connecticut and throughout the nation.
- Increase adult influence in the lives of youth.
- Explore options on how to get involved in prevention efforts or seek treatment options.

Trainer: Ryan Morgan

Location of Training: Webinar

Focus Area: PBG **Skill Level:** Level 1

Certification: The Connecticut Certification Board, Inc. (CCB) # of Hours: 1

A Perspective on Ethical Issues in Prevention Practice and Research (For Certification)

Training Agency: The Consultation Center
Date: February 7, 2014
Time: 9:00am-4:00pm

Course Description:

This training will provide a perspective on ethical issues frequently encountered in implementing community-based prevention programs and in

conducting prevention research. Ethical issues will be considered related to: 1) values and value conflicts and determining intervention goals and objectives, 2) principles that guide the processes of action and implementation, 3) ethical dilemmas related to informed consent, and 4) conducting prevention research in community settings and how findings are shared with stakeholders. An experiential component will be built in throughout to involve participants in debating the resolution of various ethical dilemmas. Participants will become familiar with federal and local confidentiality laws and professional codes of conduct/ethics.

Instructor(s): David L. Snow, Susan Ottenheimer

Location of Training: The Consultation Center

Focus Area: ETH **Skill Level:** Level 2

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 6
National Association of Social Workers CT
Chapter (NASW/CT) # of Hours: 6

Prevention Groupwork with Adolescent Girls

Training Agency: The Consultation Center
Date: February 21, 2014
Time: 9:00am-4:00pm

Course Description:

Gender-specific prevention work with adolescent girls challenges group facilitators to select topics and strategies that fit the developmental needs of group members. Based on experience with girls' groups for middle and high school age females, this workshop will emphasize and provide opportunities to discuss gender-specific work with girls; developmental issues; curricular resources; and address structure, activities and group leadership issues.

Instructor: Raynetta Woods

Location of Training: The Consultation Center

Focus Area: CTA **Skill Level:** Level 2

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 6
National Association of Social Workers CT
Chapter (NASW/CT) # of Hours: 6

Funding and Sustainability for Community Coalitions (Webinar)

Training Agency: The Governor's Prevention Partnership

Date: February 25, 2014

Time: 3:00pm-4:00pm

Course Description:

Funding and sustainability are the secrets to the continued functioning of any community coalition! This training will include: involving key stakeholders, engaging diverse segments of the community, grant writing for success, developing a shared vision, and leading a group that yields social change. Learn best practices in the field, apply the sustainability planning model to your future efforts, and ensure the growth and longevity of your coalition.

Participants will:

- Apply best practices in organizational sustainability, with a focus on diverse membership, infrastructure, and the importance of a clear focus.
- Design the shared vision to help drive coalition efforts and allow members to work toward a single aim.
- Utilize improved grant writing skills, fundraising techniques, and money-making efforts to sustain community work.
- Adapt to local concerns for more meaningful work and improved community buy-in.

Trainer: Rachel Bruno

Location of Training: Webinar

Focus Area: PBG **Skill Level:** Level 1

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 1

Promoting Youth Participation and Leadership to Impact on Program Outcomes

Training Agency: The Consultation Center

Date: February 26, 2014

Time: 1:30pm-4:30pm

Course Description:

This workshop will focus on youth development practices that engage young people in meaningful leadership roles and result in positive outcomes for youth, adult advisors, and the larger community. Research findings from selected best practice program models will be discussed and

used for understanding the critical variables for supporting and sustaining youth engagement. A range of tools for assessing youth and overall program outcomes, as well as community impact will be shared and discussed. Participants will receive assistance in modifying or refining site-specific plans for documenting program outcomes. Diverse youth presenters will demonstrate skills and knowledge gained as a result of high quality youth management practices and be available for small group discussion.

Instructor: Deborah Stewart

Location of Training: The Consultation Center

Focus Area: YDL **Skill Level:** Level 2

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 3
National Association of Social Workers CT
Chapter (NASW/CT) # of Hours: 3

Breaking Barriers: Engaging Southeast Asian Communities in Connecticut

Training Agency: MLI, Inc.

Date: March 5, 2014

Time: 9:00am-4:00pm

Course Description:

The Asian American population is increasing in both the United States and Connecticut. According to the 2010 census, Connecticut's Asian American population grew from 95,368 in 2000 to 157,088 in 2010 – a 65% increase. While Asian American communities are growing rapidly, these groups are anything but homogenous. Diversity amongst Asian Americans includes, but is not limited to: immigration history, language, foreign-born population, educational level, family income, residential preference, religion, and exposure to war trauma. The 2009 Connecticut Health Disparities indicated that Asians in CT come from at least 22 national and ethnic backgrounds. The political, economic, religious, cultural and linguistic traditions differ widely for this group and they experience life and health in the US differently. This full day session will consist of: an overview of the Southeast Asian demographics, immigration history, acculturation, family structure, education, health beliefs and practices, health disparities and challenges, exploration of strategies for providing culturally competent services, and identification of resources available to organizations, agencies,

health care professionals and others who work with Southeast Asians in Connecticut. The session will be informative and interactive.

Participants will:

- Gain awareness of racial and ethnic health disparities with particular attention to those experienced by Southeast Asian American communities.
- Understand the need for cross-cultural skills in improving health care delivery, health care access, and health promotion.
- Become familiar with CLAS (Culturally and Linguistically Appropriate Services) Standards: specifically how to utilize them to improve access to healthcare.
- Become familiar with cultural influences on health care beliefs, practices and perceptions in Southeast Asian communities.
- Explore innovative approaches for providing sensitive and appropriate cross-cultural care.

Instructor: Rasy Mar

Location: MLI, Inc. 127 Washington Ave, East Building, North Haven, CT 06473

Focus Area: CUL **Skill Level:** Level 2

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 6

Working with Fathers: Practical and Relational Issue in Support of Families

Training Agency: The Consultation Center

Date: March 14, 2014

Time: 9:00am-12:00pm

Course Description:

To date, little to no attention has been paid to the role of fathers and men in healthy family and community life. With the advent of new Federal and State mandates, programs and service providers are being asked to make their offerings more inclusive of men and fathers. This presentation will provide an introduction to some of the challenges faced, offer helpful suggestions to addressing these challenges, and engage participants in thinking long-term about enhancing program offerings to men and fathers in support of their agency's mission. Participants are asked to come prepared to talk about their agency mission, challenges faced to date in working with men and fathers, and their vision for their work with this population.

Instructor: Derrick M. Gordon

Location: The Consultation Center

Focus Area: CUL, PBC **Skill Level:** Level 2

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 3
National Association of Social Workers CT
Chapter (NASW/CT) # of Hours: Pending

Adolescent Disorders

Training Agency: Child and Family Agency of Southeastern Connecticut

Date: March 14, 2014

Time: 9:00am-3:00pm

Course Description:

This day-long seminar is the outgrowth of a two year project to identify promising and effective criminal justice substance abuse prevention and treatment programs for adolescents and adults, resulting in the book *Substance Abuse Treatment Practice in Criminal Justice Settings*. Presentations will examine the relationship between crime and substance abuse and how that connection might be broken (primary prevention). Next, the cycle of recidivism will be examined and what efforts currently appear most effective in breaking that cycle (treatment). Finally, the use of one effective evidence-based intervention, Functional Family Therapy (FFT), will be examined.

Instructors: Thomas Sexton, Gary Blau, Bert Plant

Location: Hilton Garden Inn, 85 Glastonbury Blvd., Glastonbury, CT 06033

Focus Area: ATD **Skill Level:** Level 2

Certification: The Connecticut Certification Board, Inc. (CCB) # of Hours: 8

African American Health

Training Agency: Child and Family Agency of Southeastern Connecticut

Date: March 14, 2014

Time: 9:00am-3:00pm

Course Description:

This workshop examines the unique circumstances that impede the successful

delivery of health care services to African Americans and approaches to improving the delivery of preventive services to this population. Topics to be explored embrace both physical health care issues and behavioral health care issues and include childhood obesity, diabetes, asthma, environmental risks, and patterns of family behavior. These workshops will highlight the latest research and public health initiatives to promote the health of African Americans. *A light breakfast and lunch are provided without charge.*

Instructors: Robert Hampton

Location: Hilton Garden Inn, 85 Glastonbury Blvd., Glastonbury, CT 06033

Focus Area: OTH **Skill Level:** Level 2

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 6

Mental Health First Aid

Training Agency: Connecticut Clearinghouse

Date: March 19 & 20, 2014

Time: 9:00am-4:30pm

Course Description:

Mental Health First Aid is an 8-hour interactive course that presents an overview of mental illness and substance use disorders in the U.S. and introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact, and overviews common treatments. Those who take the course to certify as Mental Health First Aiders learn a 5-step action plan encompassing the skills, resources and knowledge to help an individual in crisis connect with appropriate professional, peer, social, and self-help care.

Instructor: Judith Stonger

Location: Connecticut Clearinghouse

Focus Area: ESD **Skill Level:** General

Certification: The Connecticut Certification Board, Inc. (CCB) # of Hours: 8

Adolescent Substance Abuse Prevention: Evidence-Based Approaches to Prevention and Treatment

Training Agency: Child and Family Agency of Southeastern Connecticut

Date: March 21, 2014

Time: 9:00am-3:00pm

Course Description:

The seminar will focus on evidence-based description of risk and protective factors and early signs of adolescent risk for ATOD abuse. Descriptions of popular school-based programs will be provided, including strengths and weaknesses based upon empirical evidence. Finally, attendees will be presented with highlights of the factors critical to successful school-based programs for primary, middle and high schools.

A light breakfast and lunch are provided without charge.

Instructors: Dr. Carl Leukefeld, Dr. Catherine Martin

Location: Hilton Garden Inn, 85 Glastonbury Blvd., Glastonbury, CT 06033

Focus Area: ATD **Skill Level:** Level 2

Certification: The Connecticut Certification Board, Inc. (CCB) # of Hours: 6

Community Organization: Part 1 - Introduction

Training Agency: The Consultation Center

Date: March 21, 2014

Time: 9:00am-4:00pm

Course Description:

History and theories behind U.S. community organizing practices will be reviewed, with current examples from Connecticut groups and communities involved in building citizen participation and social change. Both youth and adult organizing strategies will be discussed, with particular attention to case examples of community issues such as substance abuse, community safety, racial/ethnic disparity issues, and the environment.

Instructor: Esther Armand

Location: The Consultation Center

Focus Area: PBC **Skill Level:** Level 1

Certification:

The Connecticut Certification Board, Inc. (CCB)

of Hours: 6

National Association of Social Workers CT

Chapter (NASW/CT) # of Hours: 6

African Origin Culture

Training Agency: MLI, Inc.

Date: April 1, 2014

Time: 9:00am-4:00pm

Course Description:

This class examines the unique experience of African Origin people in American society. The rich heritage and legacy of the African American population will be explored from a cultural, historical, psychological, and socio-political perspective. The class will examine the institution of slavery, and its structural impact on contemporary Black culture and family life. Special emphasis will be given to Afro-centric mental health treatment modalities and theories as a tool to develop knowledge regarding the dynamics of family functioning. The class is structured to permit open and critical reflection grounded in scholarly readings, case studies and personal experience.

Instructor: Paula Mann-Agnew

Location: MLI, Inc. 127 Washington Ave, East Building, North Haven, CT 06473

Focus Area: ALS **Skill Level:** General

Certification:

The Connecticut Certification Board, Inc. (CCB)

of Hours: 6

**Community Organization:
Part 2 - Advanced**

Training Agency: The Consultation Center

Date: April 4, 2014

Time: 9:00am-4:00pm

Course Description:

This interactive workshop will build on Community Organizing, Part 1, including an overview of community organizing strategies and their effectiveness in creating positive change outcomes. Participants will learn specific methods for increasing community engagement,

influencing social policy and promoting positive social change. Upon completion, participants will be able to identify community change models, strengthen organizing capacity, mobilize individuals and organizations, and identify resources to support organizing efforts. The workshop will include guest speakers experienced in different community organizing initiatives.

Instructor(s): Deborah Stewart, Esther Armmand

Location: The Consultation Center

Focus Area: PBC **Skill Level:** Level 1

Certification:

The Connecticut Certification Board, Inc. (CCB)

of Hours: 6

National Association of Social Workers CT

Chapter (NASW/CT) # of Hours: 6

Coping with Work and Family Stress™: An Intervention to Prevent Alcohol Abuse and Psychological Symptoms (SAMHSA Model Program)

Training Agency: The Consultation Center

Date: April 4, 2014

Time: 9:00am-4:00pm

Course Description:

This training will provide training in the rationale, design, and implementation of a science-based workplace coping skills intervention aimed at reducing alcohol abuse and psychological symptoms among employees. Participants will: 1) learn a risk and protective factor model that links selected factors from work and family domains to alcohol abuse and psychological symptoms, 2) review the rationale and content of a workplace intervention aimed at enhancing employee's skills in coping with work and family stress, and 3) examine various issues and strategies for introducing the program into the workplace.

Instructor(s): David L. Snow, Susan Ottenheimer

Location: The Consultation Center

Focus Area: MHS, WKP **Skill Level:** Level 2

Certification:

The Connecticut Certification Board, Inc. (CCB)

of Hours: 6

National Association of Social Workers CT

Chapter (NASW/CT) # of Hours: 6

Physical Activity and Human Services

Training Agency: Child and Family Agency of Southeastern Connecticut

Date: April 4, 2014

Time: 9:00am-3:00pm

Course Description:

This day-long workshop will explore physical activity interventions relevant to human services and behavioral health. Presenters will discuss how physical activity can assist with obesity, depression, and substance use treatment; how physically active lifestyles can prevent chronic diseases; and strategies relevant to human services for promoting physical activity at the individual, family, and community level. The content of the workshop will cover research in support of physical activity as an intervention approach relevant in addition to ways that research can be translated into practice.

A light breakfast and lunch are provided without charge.

Instructor: Aleta L. Meyer

Location: Hilton Garden Inn, 85 Glastonbury Blvd., Glastonbury, CT 06033

Focus Area: OTH **Skill Level:** Level 2

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 6

PACT360 Parent: You Matter (Webinar)

Training Agency: The Governor's Prevention Partnership

Date: April 15, 2014

Time: 12:00pm-1:00pm

Course Description:

This FREE, dynamic community education program, delivered by local law enforcement, prevention and treatment professionals, introduces parents and other caring adults of children to helpful tools and resources for drug and alcohol prevention and early intervention. Parents: You Matter is designed for parents and caring adults. This presentation covers teen behaviors in general as well as drug and alcohol issues. Participants will walk away with the skills needed to help their children avoid trouble with drugs and alcohol in addition to the skills needed to recognize and address a problem.

Instructor: Ryan Morgan

Location: Webinar

Focus Area: PBG **Skill Level:** Level 1

Certification: The Connecticut Certification Board, Inc. (CCB) # of Hours: 1

Understanding Program Evaluation

Training Agency: The Consultation Center

Date: May 2, 2014

Time: 9:00am-12:00pm

Course Description:

This workshop is geared to participants who have some understanding or experience with needs assessments and/or program evaluation. The workshop will review how the collection of needs assessment data and the development of outcomes that are measurable, realistic (program can impact them), feasible (program can collect the data) and useful can impact both the development of a program and the evaluation of the efficacy of a program. Participants will also be exposed to a variety of ways to collect or access data for needs assessments and assessing program outcomes including: program data, social indicator data, archival data, qualitative data (including key informant interviews and focus groups) and survey data. Finally, participants will learn how to utilize data for ongoing program development and evaluation.

Instructor: Amy Griffin

Location: The Consultation Center

Focus Area: EVL **Skill Level:** Level 1

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 3

National Association of Social Workers CT Chapter (NASW/CT) # of Hours: 3

Applied Suicide Intervention Skills Training (ASIST)

Training Agency: Connecticut Clearinghouse

Date: May 7 & 8, 2014

Time: 8:30am-4:30pm

Course Description:

The ASIST workshop is for individuals who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. Over one million people have participated in this two-day, highly interactive, practical, practice-oriented workshop. Participation in the full two days is required. Enjoy small group discussions and skills practice

that are based upon adult learning principles. Experience powerful videos on suicide intervention. Feel challenged and safe. Learn suicide first aid.

Instructors: Judith Stonger, Mary Drexler

Location: CT Council on Problem Gambling, 16 West Main St Clinton, CT 06413

Focus Area: MHS **Skill Level:** General

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 12

Engaging and Working with American Indian Clients

Training Agency: MLI, Inc.

Date: May 14, 2014

Time: 9:00am-4:00pm

Course Description:

This class is designed to increase the effectiveness of engaging and working with American Indian clients by improving the cultural competency of service providers. The presentation and materials will serve to increase the students' awareness of how colonialism, acculturation and stereotypes have impacted American Indians. It will also foster the students understanding of how historical trauma has influenced substance use and behavioral health issues and identify cultural competent practices for working with American Indian clients in Connecticut.

Three Measurable Learning Objectives for Class Portion

1. Increase students' knowledge of the Connecticut tribes and American Indian community members.
2. Increase students' knowledge of suicide rates and other health issues among American Indians.
3. Increase students' awareness of stereotypes and their impact on American Indians.

Instructor: Patricia Benedict

Location: MLI, Inc. 127 Washington Ave, East Building, North Haven, CT 06473

Focus Area: CUL **Skill Level:** Level 2

Certification: The Connecticut Certification Board, Inc. (CCB) # of Hours: 6

Youth Mental Health First Aid

Training Agency: CT Clearinghouse

Date(s): May 14 & 15, 2014

Time: 9:00am-2:30pm

Course Description:

Youth Mental Health First Aid is a NEW 8-hour certification course, designed for adults who regularly interact with adolescents, that focuses on helping youth ages 12-18 who may be experiencing a mental health challenge or are in a crisis. Those who take the course to certify as Youth Mental Health First Aiders learn a 5-step action plan encompassing the skills, resources and knowledge to help a youth in crisis connect with appropriate professional, peer, social, and self-help care.

Instructor: Jen Fritzen

Location: Connecticut Clearinghouse

Focus Area: MHS **Skill Level:** General

Certification: The Connecticut Certification Board, Inc. (CCB) # of Hours: 8

Two Day Workshop: The Prevention Tool Box Series

Training Agency: Child and Family Agency of Southeastern Connecticut

Date: May 15 & 16, 2014

Time: 9:00am-3:00pm

May 15, 2014 - A Behavioral Health Prevention Primer - A comprehensive approach to promoting behavioral health requires an understanding of the connections between substance abuse and related problems. This workshop will provide an overview of the Institute of Medicine's prevention continuum, risk and protective factors, and levels of interventions linked to health promotion. Participants will also learn about SAMHSA's prevention goals and priorities, and what they should consider when aligning their efforts with the national strategy, state or community coalition level plans.

May 16, 2014 - Grant Writing and Prevention Resources- This workshop will cover the skills and resources needed to plan and write a competitive grant application. Emphasis will be on the pre-planning phase, assembling and maintaining project and community data, reviewing Requests for Proposals (RFPs), planning for application strategy, writing applications that respond to the RFP and the grant review criteria. Participants will also learn about state, federal, and local prevention resources,

data sources, and evidence-based prevention programs registries.
A light breakfast and lunch are provided without charge.

Instructor: Dianne Harnad

Location: Hilton Garden Inn, 85 Glastonbury Blvd., Glastonbury, CT 06033

Focus Area: OTH **Skill Level:** Level 2

Certification: The Connecticut Certification Board, Inc. (CCB) # of Hours: 12

Mobilizing Social and Cultural Assets in Prevention and Health Promotion

Training Agency: MLI, Inc

Date: May 21, 2014

Time: 9:00am-4:00pm

Course Description:

Health and prevention specialists have increasingly recognized the need to address the social and cultural determinants of physical and mental health. This workshop examines how social and cultural factors can be viewed not primarily as barriers to health but rather as potential resources for effective prevention and health promotion. We will examine current understandings of the social and cultural determinants of health and how these relate to the goal of improving health outcomes and equity. We will identify case studies of how social and cultural assets have been mobilized successfully to enhance health promotion. The full day workshop will use a dynamic, participatory approach, using exercises and discussion along with presentation of material.

Through this workshop, participants will:

- Increase their understanding of the social and cultural determinants of health and their relation to health outcomes and health equity
- Identify examples of how social and cultural assets can be used to improve prevention and health promotion strategies
- Exchange ideas for how to mobilize social and cultural assets in their own prevention and health promotion work.

This interactive workshop is limited to no more than 20 participants.

Instructor: Heidi Zavatore-Veth

Location: MLI, Inc. 127 Washington Ave, East Building, North Haven, CT 06473

Focus Area: CUL **Skill Level:** Level 2

Certification: The Connecticut Certification Board, Inc. (CCB) # of Hours: 6

Risk and Protective Factors for Older Adults Regarding Alcohol and Medication Misuse

Training Agency: The Consultation Center

Date: June 6, 2014

Time: 9:00am-12:15pm

Course Description:

As we age, our bodies change the way alcohol and medications are processed. Normal aging actually puts older adults at risk for alcohol and medication misuse. Unintentional misuse can lead to dependence and even abuse. Normal age-related physiological changes will be discussed as they relate to alcohol and medication misuse. The attitudes of health professionals and family caregivers about older adults' alcohol and medication use, additional risk and protective factors, assessment tools and community resources will also be addressed.

Instructor: Donna Fedus

Location: The Consultation Center

Focus Area: OAD **Skill Level:** Level 2

Certification:

The Connecticut Certification Board, Inc. (CCB) # of Hours: 3

National Association of Social Workers CT Chapter (NASW/CT) # of Hours: 3

Lesbian, Gay, Bisexual, Transgender Culture

Training Agency: MLI, Inc.

Date: June 11, 2014

Time: 9:00am-4:00pm

Course Description:

Lesbian, Gay, Bisexual, and Transgender (LGBT) Culture presents the contemporary and historic challenges faced by an Oppressed and Maligned minority. The historic context traces the history of the LGBT People to pre-history and discusses the overarching worldviews present at different times in history and how those times compare to contemporary worldviews and attitudes. The Course examines the more recent LGBT history and the struggle for Civil and Human Rights in the United States. The contemporary context reveals the current challenges these communities face in Prevention and Holistic Recovery. The effects on Holistic Health of Societal and Institutional Oppression and Discrimination are examined. The

causes of the extraordinary suicidality are reviewed as are the causes of the heightened substance abuse and mental health issues faced by the communities/Culture. The latest and most recent suggestions for 'Best Practices' for Substance Abuse and Mental Health Prevention, Intervention, Counseling and Treatment for LGBT Peoples are presented. LGBT Culture reveals strategies for engagement, inclusion, and support for LGBT individuals and communities. The Course further offers suggestions on how to become an ally and how to create a place of safety that supports individual development.

Three Measurable Learning Objectives:

1. The attendee will be able to identify the meaning of the individual descriptor terms for community members and further identify the meanings that those terms hold for community members.

2. The attendee will become aware of the historic and contemporary challenges faced by Community members and will be able to discuss strategies for assisting Community members in facing those challenges.

3. The attendee will recognize Societal and Institutional stressors and the heightened risks those stressors present to the Holistic health of Community members and will be able to discuss strategies to reduce those risks to the Individuals and to their Communities.

Instructor: Marc E. Chartier

Location: MLI, Inc. 127 Washington Ave, East Building, North Haven, CT 06473

Focus Area: CUL **Skill Level:** Level 2

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 6

Suicide and Self Injury Prevention and Post-Vention Strategies in Multicultural Context

Training Agency: MLI, Inc.

Date: June 25, 2014

Time: 9:00am-1:00pm

Course Description:

Exploration of trends in pre- and postvention outreach towards African-American/Black and Asian/Pacific American (APA) children, youth and adults in Connecticut, respectively. In this course we will cover topics such as:

- Incidence and prevalence of suicide in CT amongst APA and African origin people
- Incidence and prevalence of non-suicidal self injury amongst non-White groups, locally and nationally
- Current strategies and outreach efforts to reduce incidence in state (pros/cons)
- Targeting at-risk APA and African origin Audiences through existing efforts with valid outcomes

Instructor: Michelle Louise Bicking, Mui Mui Hin-McCormick

Location: MLI, Inc. 127 Washington Ave, East Building, North Haven, CT 06473

Focus Area: CUL **Skill Level:** Level 2

Certification:

The Connecticut Certification Board, Inc. (CCB)
of Hours: 4

CONNECTICUT DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES PREVENTION TRAINING COLLABORATIVE

Child and Family Agency of Southeastern Connecticut, Inc.

255 Hempstead Street, New London, CT 06320
860.443.2896 www.cfapress.org

The mission of Child and Family Agency of Southeastern Connecticut is to promote the well-being and development of all children and their families, in particular, to give priority to the unmet needs of children lacking physical, emotional and intellectual care and nurturing. Programs deal with prevention of child abuse, the treatment of family violence, teen pregnancy, parent education, child guidance, childcare, children's healthcare and children's mental health. With a heritage that dates from 1809, Child and Family Agency has grown to become the largest non-profit children's social service provider in southeastern Connecticut.

Connecticut Clearinghouse

334 Farmington Avenue, Plainville, CT 06062
1.800.232.4424 or 860.793.9791 www.ctclearinghouse.org

Connecticut Clearinghouse is a program of Wheeler Clinic's Center for Prevention, Wellness and Recovery and is Connecticut's statewide library and resource center for information on substance use and mental health disorders, prevention and health promotion, treatment and recovery, wellness, and other related topics. The Clearinghouse is funded by the Connecticut Department of Mental Health and Addiction Services to disseminate current and reliable information on behavioral health issues to the residents of Connecticut.

Resources available at Connecticut Clearinghouse include:

- Books, audiovisual materials and curricula available for loan
- Pamphlets, posters and fact sheets, including Spanish language materials
- Internet website including an online catalog of the library's resources
- Connecticut Clearinghouse's monthly electronic newsletter, *Courier Online*
- Electronic mail list of grant announcements, trainings, conferences, etc.
- Online calendar of events and educational opportunities

The Consultation Center

389 Whitney Avenue, New Haven, CT 06511
203.789.7645 www.theconsultationcenter.org

The Consultation Center develops and implements prevention programs to individuals and families across the life span; conducts prevention and community research and evaluations of community programs; provides services to promote the mental health and adaptation of persons with prolonged psychiatric and/or substance abuse disorders and their families; and provides training, consultation, and technical assistance to professionals and organizations to enhance their effectiveness and the quality of service delivery to the community.

A multidisciplinary service, research, and training site, The Center is a cooperative endeavor of the Connecticut Mental Health Center, the Department of Psychiatry at the Yale University School of Medicine, and the Community Consultation Board, Inc., a private, nonprofit community organization.

The Multicultural Leadership Institute, Inc.

127 Washington Avenue, East Building, 2nd Fl—North Haven, CT 06473
203.691.1486 www.mli-inc.org

The Multicultural Leadership Institute's current education and training programs and activities address diversity and multiculturalism across a variety of professions and fields. Speaking engagements, training or consultation services may address general cultural competency or specific topics or population. Curriculum and other materials are tailored to each group's unique needs.

CONNECTICUT DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES PREVENTION TRAINING COLLABORATIVE

The Governor's Prevention Partnership

30 Jordan Lane, Wethersfield, CT 06109

860.523.8042 or 1.800.422.5422 www.preventionworksct.org

Created in 1989, The Governor's Prevention Partnership is a not-for-profit partnership between state government and business leaders with a mission to keep Connecticut's youth safe, successful and drug-free. The Partnership provides leadership and services to help schools, communities, youth organizations, colleges and businesses create and sustain quality programs in these core areas:

- Increasing the number of youth who have the caring support of a mentor
- Helping local communities build coalitions and programs to address underage drinking
- Helping schools develop and implement effective drug and violence prevention programming
- Helping colleges/universities address issues and behaviors related to alcohol abuse
- Delivering anti-drug messages through the media
- Giving parents the skills they need to protect their children against drugs and other problems

ADDITIONAL PREVENTION TRAINING RESOURCES IN CONNECTICUT

Connecticut Association of Nonprofits Center for Professional Development (CPD)

90 Brainard Road, Hartford, CT 06114

860.525.5080 www.ctnonprofits.org

The Center for Professional Development is the training and education arm of Connecticut Association of Nonprofits. Workshops and seminars available to nonprofits of all sizes include emerging nonprofit trends, leadership, technology, finance, human resources, communications and fundraising. These workshops expand the expertise of staff members at all levels, from direct service staff to supervisors, and senior executives to board members. Workshops are conducted by experts in their fields with experience in the nonprofit sector who demonstrate competency in both content knowledge and training.

Connecticut Department of Mental Health and Addiction Services (DMHAS) Education and Training Division

860.262.5060 www.ct.gov/dmhas

The DMHAS Education and Training Division assures the highest standards of care by supporting and promoting the development of linkages with academia and the professional development of direct care, administrative, and managerial staff. A variety of training programs, workshops, and conferences, planned and coordinated by the division, are designed to meet the educational needs of the organization and its employees.

ONLINE PREVENTION TRAINING RESOURCE

CSAP's Prevention Pathways Online Courses

<http://pathwayscourses.samhsa.gov/index.htm>

Prevention Pathways, the Center for Substance Abuse Prevention's online courses, are free to the public. Some courses are meant for professionals and have continuing education credits available. Other courses are designed to provide helpful information to members of the general public interested in prevention

COURSE INSTRUCTORS

Esther Armand, M.A., Staff Consultant for Adolescent Programs at The Consultation Center, develops prevention and wellness initiatives for youth and young adults. Ms. Armand has extensive experience in community advocacy, youth/adult engagement and designs start-up programs for culturally appropriate client-centered services. Ms. Armand was elected five terms to the City of New Haven Board of Aldermen and organized the first citywide Commission on Substance Abuse Policy and Prevention to coordinate efforts targeting a reduction in youth substance abuse. Her interests are in areas of community leadership, wellness and civic engagement, including community gardens, the prevention of adolescent substance abuse, and voting patterns in urban communities.

Patricia Benedict is a member of the Abenaki Nation of the Odanak reservation in Canada. She is also a member of the Connecticut Native American community and for sixteen years, was employed by American Indians for Development, Inc. She served on the Connecticut Indian Legislative Task Force, co-organized the Black Rock Powwow and co-directed a substance abuse prevention program for the Native American Awareness Program. Patricia is currently the Program Director of the Citizens Community Enhancement Project (CCEP), a program providing community re-entry support in the form of educational classes, peer supports, and valued role assignments to individuals from culturally diverse backgrounds with a history of mental illness and/or co-occurring diagnoses who have a recent history of criminal incarceration. She provides training and supervision of Peer Support staff for several community-based reentry projects. Patricia works in the Peer Services and Research Area at the Yale Program for Recovery and Community Health (PRCH) and assists in development and implementation of peer training initiatives both locally and nationally. She created and implemented the Forensic Peer Support Training curriculum and has conducted training for peers and supervisors on the curriculum. In 2009, she received the *Leadership Award from the Connecticut Chapter of the United States Psychiatric Rehabilitation Association (USPRA)*.

Michelle L. Bicking is a licensed certified clinical social worker (Massachusetts), Surrogate Parent for the State of Connecticut and Executive Director for Self Injury Awareness Network, Inc. She holds a Bachelors in Spanish/Latin American Studies (Denison University), a Masters in Public Administration (Rutgers University-Camden) and Masters in Social Work (Springfield College). Presently, she lives in Tolland with her two foster children and husband of four years.

Gary M. Blau, Ph.D., is a Clinical Psychologist and is currently the Chief of the Child, Adolescent and Family Branch of the Center for Mental Health Services. In this role he provides national leadership for children's mental health and for creating "systems of care" across the country. Prior to this, Dr. Blau was the Bureau Chief of Quality Management and Director of Mental Health at the Connecticut Department of Children and Families (DCF) and the Director of Clinical Services at the Child and Family Agency of Southeastern, Connecticut.

Rachel Bruno serves as Program Coordinator for Safe and Drug-Free Schools and Communities at The Governor's Prevention Partnership. Rachel's trainings on peer mediation, school climate improvement, current alcohol and drug trends, and on-the-spot bullying prevention strategies have been offered statewide in schools and communities. Rachel has experience in implementing frameworks for both underage drinking prevention and school climate improvement through applying Strategic Prevention Framework best practices in Connecticut community coalitions and CALI certification in Improving School Climate (ISC). She also serves as State Coordinator for Students Against Destructive Decisions, providing prevention tools and resources for middle and high school chapter advisors and students. Her work also focuses on interpreting legislation, using previous government relations experience in Hartford and grassroots advocacy work in Washington, D.C.

Marc Chartier is the Program Coordinator, Client Rights Officer, and Privacy Officer at *Marrakech, Inc.*, Woodbridge, CT. Marc designs and presents Statewide trainings in Multicultural Theory and Practice, Cultural Competence, European American Culture, French Canadian Culture, and Gay, Lesbian, Bisexual, and Transgendered Culture. Marc is a certified trainer in Physical and Psychological Management Training (PMT) through *PMT Associates*, Middletown CT, and is a Professional Assault Response Trainer through Professional Growth Facilitators, Citrus Heights, CA. Marc is certified in the *CALIFORNIA BRIEF MULTICULTURAL COMPETENCE SCALE (CBMCS)* Training Program. CBMCS is a national empirical and

evidence based Multicultural Educational program developed by Dana, Gamst, and Karabetian and is produced by SAGE Publications. Marc is a long-standing consultant and trainer for the *Multicultural Leadership Institute, Inc.* His areas of focus include Clinical and Prevention Guidelines and Best Practices for Mental and Behavioral Health Professionals in the areas of his expertise. Marc is a trainer for the *Project for Addictions Cultural Competency Training (PACCT)* program and for the Department of Mental Health and Addiction Services' *Multicultural Cohort* training program and the *DMHAS Multicultural Institutes*. Marc has lectured at the University of Connecticut for the Rainbow Center on Youth and LGBT Youth Suicide and has presented for The Connecticut Healthy Campus Initiative (CHCI), which facilitates the Connecticut Campus Suicide Prevention Initiative (CCSPI). Mr. Chartier is an active Member of the State of CT Multicultural Advisory Council through the DMHAS Office of Multicultural Healthcare Equality (OMHE). Marc is an active member of and former Chair of the DMHAS Region II Multicultural Advisory Council and is the Chair of the Marrakech, Inc., Multicultural Advisory Council. Additionally, Marc presents and has presented trainings and training programs for DCF, CSSD, DOC, DPH, the NASW, Gateway Community College and the University of Bridgeport.

Jen Fritzen, MA, is a resource specialist for the CT Clearinghouse. She holds a Master's of Arts in American Studies.

Donna B. Fedus, M.A., is a Gerontologist and Coordinator of Elder Programs at The Consultation Center, Yale University School of Medicine. Ms. Fedus offers educational programs and a coaching service for family caregivers. In addition, Ms. Fedus offers gerontology consultation to organizations, coordinates a program for grandparents raising grandchildren, and writes grants to fund special programs. Ms. Fedus reviews manuscripts for Journeyworks Publishing and Health Professions Press. She is an Advisory Council member of the Agency on Aging of South Central Connecticut. She also serves on the Board of Directors for the Institute of Senior Living Education, which is an affiliate of the Connecticut Assisted Living Association. Ms. Fedus earned her Master's degree in Social Gerontology from the University of Pennsylvania in 1991.

Derrick Gordon, Ph.D., is an Assistant Professor of Psychology in Psychiatry at Yale University School of Medicine. He is the Director of the Program on Male Development in the Division of Prevention and Community Research of the Department of Psychiatry. Dr. Gordon has considerable experience in intervention and prevention development focused on those factors that either support or undermine men transitioning from prison back to the community; the engagement of low-income, non-custodial fathers; the identification and service of adolescent fathers committed to child protection services; and men mandated to batterer intervention groups in the community. Dr. Gordon's work with men has and continues to focus on increasing the health of men and their positive involvement in family and community life. Overall, Dr. Gordon in his research seeks to identify those factors that enhance the access and use of preventive and indicated health care services by men on the "fringes."

Amy Griffin, M.A., is an Evaluation Consultant at The Consultation Center. She has more than 15 years of experience evaluating prevention programs at the local, state, and national levels. Ms. Griffin also has extensive experience in providing technical assistance and training to state departments and community-based organizations. Her evaluation-related interests include participatory and democratic evaluation methods as well as ecological measurement strategies.

Dianne Harnad, MSW, is the Director of Prevention/Health Promotion at the Connecticut Department of Mental Health and Addiction Services. She has 30 years experience in promoting behavioral health and wellness, and served as Project Director for numerous SAMHSA prevention funded initiatives.

Dr. Robert Hampton received his B.A. in Psychology from Macalester College in 1988. He did his graduate work in Psychology at University of Toronto, completing his M.A. in 1990 and his Ph.D. in 1995. He continued his training at the National Institute of Mental Health as a Training Fellow from 1996 to 2000 and a Research Fellow from 2000 to 2004.

Dr. Carl Leukefeld is Professor of Behavioral Science, Psychiatry, Oral Health Science and Social Work; and Chair of the Department of Behavioral Science and Director of the Center on Drug and Alcohol Research, with a graduate appointment in Sociology.

Ms. Paula Mann-Agnew is currently the Director of Programs at Catholic Charities. She has held the position of Adjunct Professor at the University of Hartford for five years in both the Sociology and Psychology departments. Ms. Mann-Agnew holds a post graduate certificate in Child and Adolescent

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Psychology from Springfield College, MA. She holds a Master of Social Work degree from Hunter College School of Social Work and is a certified Social Worker. Ms. Mann-Agnew has provided leadership in social service agencies throughout the country including New Mexico, Louisiana, Maryland, and New York. She has been recognized for her work in designing and implementing culturally competent treatment programs for youth and their families.

Rasy Mar, MPH, is a Community Based Education (CBE) Specialist at the University of Connecticut School of Medicine where she precepts and coordinates a variety of educational activities that include health concerns related to the LGBT community, cross cultural communication skills and strategies for eliminating health disparities. Rasy develops and maintains relationships between the medical students and community organizations where students learn about health disparities, cultural barriers and other aspects of medicine not found in a classroom setting. Rasy serves as Co-chair of the Awareness & Outreach Committee for the Connecticut Multicultural Health Partnership (CMHP). She coordinates and facilitates educational programming on health equity for health care providers, educators, and community members. She spearheaded seminars to promote better understanding of the various cultures and communities in Connecticut. As Co-chair of the Awareness and Outreach Committee for the CMHP, she hosted numerous viewings of the film *Unnatural Causes 'Place Matters'* on the social determinants of health and strategies for change. Rasy is a graduate of the Connecticut Health Foundation Leadership Fellows. In her personal and professional life, Rasy is committed to engaging the public around and discovering strategies for eliminating health disparities. She is passionate about learning, educating, and increasing cultural awareness.

Dr. Catherine Martin is a Professor and Vice Chair for Research and E.A. Edwards Professor in the Department of Psychiatry at the University of Kentucky. She currently has NIH funding for research in medications for nicotine use and ADHD. She is also investigating individual differences in drug effects.

Aleta L. Meyer, Ph.D., is a senior social science research analyst at the Administration for Children and Families, in the Office of Planning, Research, and Evaluation, in the Division of Family Strengthening. Her areas of responsibility include evaluation of home visiting in American Indian/Alaska Native communities, youth development, prevention, and foster care. From 2007-2010, she was a health scientist administrator in the Prevention Research Branch at the National Institute on Drug Abuse (NIDA). Prior to joining NIDA, she was an Associate Professor of Psychology in the Clark-Hill Institute for Positive Youth Development at Virginia Commonwealth University. She completed her doctoral work in Human Development and Family Studies at The Pennsylvania State University. The focus of her research has been to translate theory and empirical research across multiple health outcomes into effective and feasible prevention programs.

Cacina Reynolds-Mgbejume is Senior Program Coordinator for the Connecticut Mentoring Partnership and brings a diverse background in human service, education, and mentoring. Cacina implemented the first Juvenile Mentoring Grant in the State of Connecticut, where she recruited, trained, and matched over 200 mentors with pre-adjudicated youth and youth involved in the foster care system. Cacina has worked over four years in the prison system as a Reentry/Transition Counselor for adult males incarcerated in minimum and maximum security prisons. She was the recipient of the *CT State Legislator's Thurgood Marshall Community Service Award*, 2002, and the *Congressional Award of Recognition*, 2003.

COURSE INSTRUCTORS

Ryan Morgan serves as Program Coordinator for Safe and Drug-Free Schools and Communities at The Governor's Prevention Partnership. Ryan's trainings on communicating and monitoring youth, spotting drug and alcohol use and identifying strategies with teens to make positive decisions have been offered statewide in schools and communities. Additionally, she works with Liquor Control and local police departments to prevent alcohol sales to minors. Ryan holds a Bachelor's Degree in Journalism and a minor in Political Science.

Ellen F. Ornato has facilitated conversations and led trainings around issues of cultural diversity and competence, personality type and communication for more than 20 years and has worked with MLI for over 6 years. She brings high energy, content knowledge and a sense of humor to all of her work and she has a professional work history that includes state and local government agencies, non-profit and for-profit companies. Ellen is a certified trainer in Olweus Bullying Prevention, Myers-Briggs Personality Assessment and Unconscious Bias. She holds a Master's Degree in Urban Planning and is bilingual (Spanish).

Susan Ottenheimer, LCSW, is Assistant Clinical Professor in the Department of Psychiatry, Yale University School of Medicine. She is the Director of Adult and Elder Programs at The Consultation Center, Project Director for the Coping With Work and Family Stress dissemination project, and a member of the Division of Prevention and Community Research. Ms. Ottenheimer has extensive experience providing organization development and technical assistance consultation, serving as a senior consultant and lead trainer in the development and implementation of preventive interventions, particularly in the workplace and in the behavioral health field. She has designed and implemented a wide array of preventive and community-based programs for adults at risk for psychiatric disorders, substance abuse, chronic diseases, and homelessness.

Dr. Bert Plant is the Director of Programs and Services for the Connecticut Department of Children and Families and a Clinical Instructor in Psychology at The Yale Child Study Center. In addition to his clinical and administrative responsibilities, Dr. Plant is a frequent lecturer and has published numerous articles in books, magazines, and scholarly journals. He has been actively involved in the reform of the mental health system for children in Connecticut where he served on the Governor's Blue Ribbon Task Force on Mental Health. He is currently a member of an interdepartmental team (DCF & DSS Behavioral Health Partnership) responsible for implementing a major reform of the children's behavioral health system in the state. Dr. Plant's professional and research interests have been in the areas of self-determination and autonomy support as applied to various clinical issues, clinical program development, and the management of behavioral health services.

Susanne Santangelo serves as Senior Program Coordinator for the CT Mentoring Partnership of The Governor's Prevention Partnership. Ms. Santangelo has more than twenty years of experience in government and nonprofit management and prevention program development for children and families.

Deborah S. Stewart, BA, CPP, is Director of the Youth Development Training and Resource Center (YDTRC) located at The Consultation Center in New Haven. She has led a number of youth development initiatives in Greater New Haven and the state (e.g., Project Manager for the statewide initiative Connecticut for Community Youth Development (CCYD), a 5-year project funded by the U.S. Department of Health and Human Services and the CT Office of Policy & Management). A trainer, consultant, and advocate for many years in education and youth work, Deborah is a leader in youth development efforts on the local and state levels. YDTRC's role as one of 15 national B.E.S.T. sites (Building Exemplary Systems of Training in Community Youth Work) has brought Deborah national level contact with other leaders in youth development. Deborah's work in YDTRC and CCYD has led to implementation of training in youth development and developmental youth outcomes for hundreds of youth workers. YDTRC

COURSE INSTRUCTORS

continues to provide on-site technical assistance to youth-serving agencies, community networks, and consultation to agencies, policy makers, and diverse funders concerned with youth development and youth issues.

Judith A. Stonger, MA, CPP, CARC, currently serves as Vice President of Prevention, Wellness and Recovery at Wheeler Clinic in Plainville. In that capacity, she directs the Connecticut Clearinghouse statewide library and resource center, the Connecticut Healthy Campus Initiative, other DMHAS-funded prevention initiatives, Prevent Child Abuse Connecticut Program, Wheeler Clinic's Employee Assistance Programs, training initiatives for several state agencies, as well as overseeing a number of other programs. Ms. Stonger is a Certified Prevention Professional and serves on the Connecticut Certification Board's Prevention Committee as well as other boards, collaboratives, work groups, and initiatives.

David L. Snow, Ph.D., is Professor Emeritus and Senior Research Scientist in the Departments of Psychiatry and Epidemiology and Public Health, Yale University School of Medicine. Dr. Snow has extensive experience in the design and evaluation of preventive interventions in community settings, primarily the workplace and schools, and in research aimed at identifying key risk and protective factors predictive of psychological and substance use outcomes. Dr. Snow has special interests in the protective and stress-mediating effects of coping and social support, methodological and ethical issues in prevention research, service system development, and technical assistance and organizational consultation. His workplace research has been conducted in various types of work settings ranging from manufacturing to utility to telecommunications companies. Coping with Work and Family Stress: A Workplace Preventive Intervention was developed as part of this research and has been designated as an Evidence-Based Intervention through the National Registry of Effective Programs and Practices (NREPP) and as a SAMHSA Model Program.

Raynetta Woods, MSW, is a Coordinator of an interdisciplinary team servicing an urban alternative high school in New Haven, CT. She has a wealth of experience working with adolescents and their families in foster care, adoption, and urban education. Ms. Woods' special interests include youth development, group work, training and facilitation as well as supervision of an interdisciplinary team. Ms. Woods has trained at the national level on various subjects including substance abuse, birth families, permanency, foster care, adoption, transracial/transcultural placements, and therapy through arts. She also serves as a consultant and trainer for schools and community-based organizations in the region.

Heidi Zavatone-Veth is a medical anthropologist with over 25 years of experience in community-based health education, research, and service delivery in culturally diverse communities. Her professional passion is empowering people to develop culturally responsive and community-engaged strategies to ensure health and human rights for all. Heidi's collaborative and creative approach to training and consulting has enabled her to work effectively with a wide range of non-profit, public, research, and community-based organizations. These have included local health districts, research institutions, non-profit agencies, and community-based health programs. Heidi also served on an MLI, Inc. consultant team working with Connecticut state agencies to develop health equity plans. Heidi has particular expertise working with Spanish-speaking and indigenous communities in the United States and Central America. She has taught as an adjunct professor of anthropology at the University of Connecticut, Quinnipiac University, Southern Connecticut State University, and Albertus Magnus College. She received her Ph.D. in anthropology from the University of Connecticut.



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