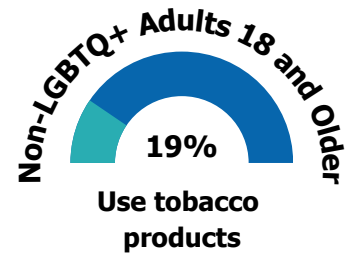
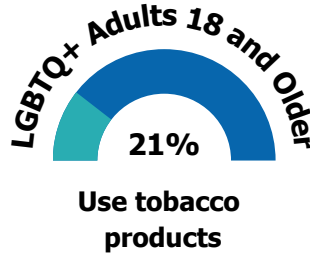
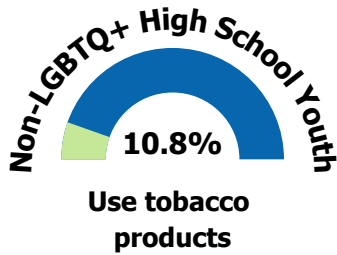
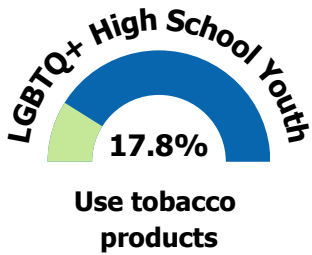


Tobacco Use Among The LGBTQIA+ Community

DID YOU KNOW?

LGBTQIA+ individuals experience higher rates of tobacco product use than non-LGBTQIA+ individuals.

Connecticut Stats*



Reasons For Use



Discrimination and stigma

Family, peer, and community rejection

Aggressive marketing by tobacco companies

Bar/club culture

Limited access to quality healthcare

Barriers To Cessation**

Substance use disorder

Enjoy smoking/vaping

Friends still use

Unsure about what will help

Prior quits didn't work

Healthcare Provider Call To Action

- ✓ Screen LGBTQIA+ patients for tobacco use, including vaping.
- ✓ Discuss benefits of - and barriers to - quitting.
- ✓ Inform patient about free counseling and medication available through the Connecticut Quitline (1-800-QUIT-NOW).
- ✓ Complete the online patient referral form at www.CommitToQuitCT.com.

*2023 Youth Risk Behavior Survey

**2022 Behavioral Risk Factor Surveillance System (BRFSS)

**2024 True to You Coalition 2024-2026 Strategic Plan