

In Connecticut,

COLLEGE STUDENTS

Gamble Responsibly

Responsible Play TABLET, SMARTPHONE

ResponsiblePlayCT.org



Responsible Play TABLET, SMARTPHONE

Action Steps to Avoid the Risks

- 1 Know that there is always risk in gaming and gambling
- 2 Know the rules, risks, and odds of the games you play
- 3 Only gamble with money set aside for entertainment
- 4 Never borrow money to gamble
- 5 Set a spending limit when you play
- 6 Set a time limit when you play



Help Others Stay Safe



Know Where to Find Help



Help Others Stay Safe

Connecticut Council on Problem Gambling
ccpg.org/chat



Find Resources



Responsible Play TABLET, SMARTPHONE

Connecticut Problem Gambling Helpline
(800) 369-7777

Know Where to Find Help



Anyone can experience issues with gambling just like they can with substance use. Learn more about the warning signs, the action steps to play safer, and how to get someone help.



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3 out of 4 college students gambled in the past year¹

18%

gamble weekly or more often²



Only 1/3 of incoming college freshmen feel prepared to manage their money³

Footnote:

1. American Gaming Association. (2018, April 10). "Problem Gambling: Comprehensive of gambling and alcohol use among college students and noncollege young adults in the United States." <https://www.aga.com/press-releases>

2. Survey of College Students' Financial Literacy Skills. (2017, October 10). <https://www.fidelity.com/learning-center/cfp/cfp-101>