

Resource Guide for Behavioral Health

Emergency Services

FOR ADDICTION TREATMENT
call the 24/7 Access Line
1-800-563-4086)

FIRE/POLICE/AMBULANCE Call 9-1-1

988 SUICIDE & CRISIS LIFELINE

Call or text 988

TTY: Dial 711 then 988

<https://988lifeline.org>

MOBILE CRISIS INTERVENTION SERVICES Call 2-1-1

Intervention service for children and youth.

www.mobilecrisisempst.org/

CRISIS SERVICES

For adults 18 and older

Action Line Call 1-800-467-3135

www.ct.gov/dmhas/CrisisServices

POISON CONTROL

1-800-222-1222

www.poison.org

SEXUAL ASSAULT CRISIS SERVICES

English 888-999-5545

Spanish 888-568-8332

WALK-IN URGENT CRISIS CENTERS

For children and adolescents.

Scan code for locations.



WHEELER HELPLINE 24/7

860-747-3434

Connecticut Resources

2-1-1 Connecticut Call 2-1-1

www.211ct.org

ACCESS HEALTH CT

Health Insurance Marketplace

1-855-805-4325 TTY 1-855-789-2428

www.accesshealthct.com

ACCESS MENTAL HEALTH CT

www.accessmhct.com

ADVOCACY UNLIMITED, INC.

1-800-573-6929 www.advocacyunlimited.org

CT BEHAVIORAL HEALTH PARTNERSHIP

1-877-552-8247 TTY 1-866-218-0525

www.ctbhp.com

CT ALLIANCE TO END SEXUAL VIOLENCE

1-888-999-5545

www.endsexualviolencect.org

CT CENTER FOR HARM REDUCTION

<https://harmreduction-ct.org/>

CONNECTICUT CLEARINGHOUSE

A library and resource center on alcohol, tobacco,

other drugs, mental health and wellness

1-800-232-4424

www.ctclearinghouse.org

CT COALITION AGAINST DOMESTIC VIOLENCE

860-282-7899

www.ctcadv.org

Crisis Line: 1-888-774-2900

CT COMMUNITY FOR ADDICTION RECOVERY

1-800-708-9145

<https://ccar.us>

CT COUNCIL ON PROBLEM GAMBLING

1-888-789-7777 (Helpline)

www.ccpq.org

CT NETWORK OF CARE

www.connecticut.networkofcare.org

CT QUITLINE (Tobacco)

1-800-QUIT-NOW

www.quitnow.net/connecticut

Mental health and substance use disorders affect people of all ages and from all walks of life.

They are common, recurrent and often serious, but they are treatable and many people recover.

CT SUICIDE ADVISORY BOARD

www.preventsuicidect.org

CT YOUTH SERVICES ASSOCIATION

www.ctyouthservices.org/Find_A_YSB

DRUG FREE CT

For prevention, treatment and recovery resources

www.drugfreect.org

FATHERHOOD INITIATIVE OF CT

1-866-6-CTDADS

www.ct.gov/fatherhood

GOVERNOR'S PREVENTION PARTNERSHIP

860-523-8042

www.gppct.org

LIVE LOUD

1-800-563-4068

<https://liveloud.org>

MATCH COALITION, INC.

860-525-9738

www.matchcoalitionct.org

MENTAL HEALTH CT

1-800-842-1501

www.mhconn.org

NAMI CT

860-882-0236

www.namict.org

Helpline 1-800-950-6264

OPIOID OVERDOSE PREVENTION/

NALOXONE (NARCAN) INITIATIVE

860-418-6993 [https://portal.ct.gov/DMHAS/](https://portal.ct.gov/DMHAS/Programs-and-Services/Opioid-Treatment/Naloxone)

[Programs-and-Services/Opioid-Treatment/](https://portal.ct.gov/DMHAS/Programs-and-Services/Opioid-Treatment/Naloxone)

[Naloxone](https://portal.ct.gov/DMHAS/Programs-and-Services/Opioid-Treatment/Naloxone)

PROTECTIVE SERVICES FOR THE ELDERLY

1-888-385-4225

www.ct.gov/DSS

RECOVERY FRIENDLY WORKPLACE

www.recoveryworksct.org

TURNING POINT

Website for youth and young adults

www.turningpointct.org

WHEELER CLINIC - NAVIGATION CENTER

1-888-793-3500

www.wheelerclinic.org

Support Groups

AL-ANON/ALATEEN

CT Information

1-888-825-2666

National Information 1-800-344-2666

www.ctalanon.org

ALCOHOLICS ANONYMOUS (AA)

CT Information

1-866-783-7712

National Information 1-800-344-2666

www.ct-aa.org

CO-DEPENDENTS ANONYMOUS (CoDA)

1-888-444-2359

www.coda.org

FAMILIES ANONYMOUS

1-800-736-9805

www.familiesanonymous.org

GAM-ANON FAMILY GROUPS

CT Hotline

1-855-222-5542

National Information

718-352-1671

www.gam-anon.org

GAMBLERS ANONYMOUS (GA)

CT Hotline

1-855-222-5542

National Information

909-931-9056

www.gamblersanonymous.org

MARIJUANA ANONYMOUS

1-800-766-6779

www.marijuana-anonymous.org

NAR-ANON

CT Information

1-800-477-6291

www.nar-anon.org

NARCOTICS ANONYMOUS (NA)

CT Information

1-800-627-3543

National Information

1-800-447-6291

www.ctna.org

NATIONAL ALLIANCE ON MENTAL ILLNESS

1-800-215-3021

www.nami.org

NICOTINE ANONYMOUS

1-877-879-6422

www.nicotine-anonymous.org

OVEREATERS ANONYMOUS (OA)

505-891-2664

www.oa.org/

YOUTH RECOVERY CT

www.youthrecoveryct.org



CONNECTICUT Clearinghouse

a program of the Connecticut Center
for Prevention, Wellness and Recovery

800.232.4424 (phone)

860.793.9813 (fax)

www.ctclearinghouse.org

A Library and Resource Center on Alcohol, Tobacco, Other Drugs, Mental Health and Wellness

National Resources

CENTERS FOR DISEASE CONTROL AND PREVENTION

HIV Health information hotline

1-888-232-4636 www.cdc.gov

CRISIS TEXTLINE Text 741741

FASD UNITED <https://fasdunited.org/>

MENTAL HEALTH AMERICA

1-800-969-6642

<https://mhanational.org/>

NATIONAL ASSOCIATION FOR CHILDREN OF ALCOHOLICS

301-468-0985

<https://nacoa.org>

NATIONAL EATING DISORDERS ASSOCIATION

1-800-931-2237

www.nationaleatingdisorders.org

988 SUICIDE & CRISIS LIFELINE

Call or Text 988

<https://988lifeline.org/>

Deaf or Hard of Hearing, Hearing Loss:

TTY: Dial 711 then 988 or videophone 988.

SAMHSA FIND HELP

www.samhsa.gov/find-help

TREVOR PROJECT HELPLINE

1-866-488-7386

www.thetrevorproject.org

State Agencies

CT DEPARTMENT OF CHILDREN & FAMILIES

1-800-842-2288 Careline

www.ct.gov/dcf

CT DEPARTMENT OF MENTAL HEALTH & ADDICTION SERVICES

860-418-7000

www.ct.gov/dmhas

CT DEPARTMENT OF PUBLIC HEALTH (DPH)

860-509-8000

www.ct.gov/dph

CT DEPARTMENT OF SOCIAL SERVICES (DSS)

1-800-842-1508

www.ct.gov/dss

CT DEPARTMENT OF DEVELOPMENTAL SERVICES (DDS)

860-418-6000

www.ct.gov/dds

Statewide Resource Links

CONNECTICUT CLEARINGHOUSE

(860) 793-9791

www.ctclearinghouse.org

GOVERNOR'S PREVENTION PARTNERSHIP

(860) 523-8042

www.gppct.org

PREVENTION TRAINING AND TECHNICAL ASSISTANCE SERVICE CENTER

(866) 289-2580

www.preventiontrainingcenter.org

DMHAS Regional Behavioral Health Action Organizations (RBHAO)

Region 1

The Hub: Behavioral Health Action Organization for Southwestern CT, A Program of RYASAP

2470 Fairfield Avenue

Bridgeport, CT 06605

203-840-1187

www.thehubct.org

Towns:

Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, Wilton

Region 2

Alliance for Prevention & Wellness (APW), A Program of BHcare

435 East Main Street

Ansonia, CT 06401

203-736-8566; Direct line 203-892-6418

www.apw-ct.org

Towns:

Ansonia, Bethany, Branford, Chester, Clinton, Cromwell, Deep River, Derby, Durham, East Haddam, East Hampton, East Haven, Essex, Guilford, Haddam, Hamden, Killingworth, Lyme, Madison, Meriden, Middlefield, Middletown, Milford, New Haven, North Branford, North Haven, Old Lyme, Old Saybrook, Orange, Portland, Seymour, Shelton, Wallingford, Westbrook, West Haven, Woodbridge

Region 3

Southeastern Regional Action Council (SERAC)

228 West Town Street

Norwich, CT 06360

860-848-2800

www.seracct.org

Towns:

Ashford, Bozrah, Brooklyn, Canterbury, Chaplin, Colchester, Columbia, Coventry, East Lyme, Eastford, Franklin, Griswold, Groton, Hampton, Killingly, Lebanon, Ledyard, Lisbon, Mansfield, Montville, New London, North Stonington, Norwich, Plainfield, Pomfret, Preston, Putnam, Salem, Scotland, Sprague, Sterling, Stonington, Thompson, Union, Voluntown, Waterford, Willington, Windham, Woodstock

Region 4

Amplify, Inc.

178 Oakwood Drive

Glastonbury, CT 06033

860-267-5439

www.amplifyct.org

Towns:

Andover, Avon, Berlin, Bloomfield, Bolton, Bristol, Burlington, Canton, East Granby, East Hartford, East Windsor, Ellington, Enfield, Farmington, Glastonbury, Granby, Hartford, Hebron, Kensington, Manchester, Marlborough, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Somers, South Windsor, Southington, Stafford, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, Windsor Locks

Region 5

Western CT Coalition

7 Old Sherman Tpke Ste. 106

Danbury, CT 06810

203-743-7741

www.wctcoalition.org

Towns:

Barkhamsted, Beacon Falls, Bethel, Bethlehem, Bridgewater, Brookfield, Canaan, Cheshire, Colebrook, Cornwall, Danbury, Goshen, Hartland, Harwinton, Kent, Litchfield, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, Newtown, Norfolk, North Canaan, Oxford, Prospect, Redding, Ridgefield, Roxbury, Salisbury, Sharon, Sherman, Southbury, Thomaston, Torrington, Warren, Washington, Waterbury, Watertown, Winchester, Winsted, Wolcott, Woodbury



CONNECTICUT
Mental Health & Addiction Services